Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Friday 08 Sep 2023 until 23:59 on Saturday 09 Sep 2023

Forecast Issued on Friday 08 Sep 2023 at 03:19 by Met Office Aberdeen

Confidence: High for mostly dry weather on Friday but lower confidence on shower detail over the weekend.

Headline for Friday 08 Sep 2023: Early mist soon dispersing, then mostly dry and sunny. Small risk of showers later.

Mountain weather hazards on Friday 08 Sep 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
No Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny	Sunny	Sunny	Clear night	Clear night
Precipitation probability					
<05%	<05%	10%	10%	10%	10%

Forecast for Friday 08 Sep 2023

Weather: Early mist and cloud shrouding some lower slopes at first, especially over the Trossachs, will soon disperse. Then a dry and mostly sunny day although some high level clouds forming. There is a small risk of a shower or thunderstorm later in the afternoon and evening. Becoming very warm or even hot in the glens.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Patchy mist and low cloud at first, then good visibility through the day with any cloud mostly well above the summits.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 08 Sep 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	15/17 SW	10/13 SE	11/14 NW	11/15 SW	13/17 S	16/21 S	18/23 S
900	8/10 SW	4/6 S	4/7 SW	7/11 S	11/15 S	12/16 S	11/16 S
600	5/7 N	5/7 N	5/8 NW	7/11 SW	11/14 SW	11/14 S	12/17 S
300	4/5 N	3/5 N	3/6 W	6/10 SW	7/11 SW	7/10 S	7/11 SW
Glen	1/3 NE	2/5 E	2/5 SE	5/9 SW	5/11 SW	5/11 S	6/13 S

Height (m)	Temperature / Feels Like (°C)						
1300	15/12	15/13	16/14	17/15	16/14	13/10	12/9
900	15/14	17/16	19/19	20/19	18/16	15/13	14/12
600	18/17	18/18	20/21	22/21	20/19	18/16	16/14
300	19/19	19/20	22/23	23/24	22/22	20/20	18/18
Glen	14/14	21/22	24/26	25/26	23/24	20/21	19/19
Freezing Level*	3200m	3300m	3300m	3300m	3400m	3300m	3400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Sunburn and dehydration will continue to be the main hazards for hillwalkers.

Forecast for Saturday 09 Sep 2023
Weather: Some mist and low cloud at first, soon clearing away. Then dry for much of the day with sunny spells. There is an increasing chance of showers or isolated thunderstorms in the afternoon and evening.

Maximum wind: Southwesterly winds, average speeds 15 to 20mph with gusts 30mph over the tops.

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Patches of poor visibility at lower levels at first, otherwise good visibility with clouds mostly above the tops. A few interruptions to poor visibility as any heavier showers break out with occasional cloud cover down to 800m.

Temperature: **Glens:** 10 Celsius rising to 26 Celsius
At 800m: 19 Celsius
Freezing level: Well above the summits.

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